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Quieting Your Heart: 30-Day Prayer Journal - Love Edition



Synopsis

Quieting Your Heart is a 30-day prayer journal designed to draw you closer to God. The whimsical illustrations throughout make this love-themed journal a precious keepsake you'll want to hold on to.

Each day provides space to: Compose a Short Prayer Jot Down What You're Reading in the Bible Record What You're Learning in Your Quiet Time List 3 Things You're Thankful For Finish the Sentence "God is..." Daily scriptures remind us how much we're loved and to also love others. Quieting Your Heart is the perfect companion to Bible study lovers who want to write down their thoughts. If you enjoy colouring, you'll love the illustrations. And if you enjoy quiet time in the Word, then this journal's for you!

Book Information

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Average Customer Review: 4.6 out of 5 stars See all reviews (184 customer reviews)

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Customer Reviews

Great prayer journal! I love that it has coloring / doodle aspect to it. I'm looking forward to doing the February study by the author. This is my first prayer journal. I'm hoping it will organize my prayers and thoughts! Ha! I'm looking forward to more journals by this author! Maybe a men's? Hint hint! ^

Great Journal! Thank you to the author for creating it. I ordered 2 for my friend and I to do. I'm going to order another for my 13 year old daughter. So excited to get started in it. I think it will be a blessing for all of us.

I haven't actually used this yet, but I am planning to this summer when we finish our "regular" Bible study class. Darlene Schacht has done a great job of putting together a journal that allows you to

actually color the pages a bit as well, more of a coloring journal for quiet reflective devotional times. I especially love the "cup of coffee" touch on the front! There's something about having a cup of coffee or tea and sitting down and spending time with God that just makes for a wonderful way to start (or end) your day! Each day has a Bible verse (or 2), a place to record what you're thankful for each day (an incredibly important habit to develop!), a spot to record what you're reading for the day, a spot to focus on God's character, based on your studies for that day, and a place to record what you learned. It also has a section for journaling your prayers--a wonderful way to actually put your prayers to paper and then to come back later and see how you're growing in your relationship to God and to see your former prayer that have been answered by God. I also love the cut black and white drawings and doodles that allow for your own creative touch to be added by colored pencils, paints, gel pens, or markers as you spend time reflecting on what you're learning that day. I think listening to some inspirational music while coloring around your notes for the day is a wonderful way to connect with God! It helps you remember your time with God as you go throughout the day. The only "cons" against this book that I can see is that it would be nice to have it in a spiral-bound format, to make it easier to fold back and hold in your lap to write and color in. It would also be nice to have more of a heavier cardboard cover for a sturdy surface. I tend to be one of those who likes to curl up in a soft chair and have my quiet time; it just seems more intimate than sitting at a table--but that's just my own silly notion, I know.

I bought this as a gift for my gf. I ordered the 6 mth one for myself. I also ordered us the woman of faith book to go with. Me and her have been going through some tough stuff and I really want us to be closer to God. I figured we can discuss the workbook and then write our feelings/prayers down. I hope she loves it. Plus it has super cute drawings in it.

This is a cute prayer journal but really just a repeated pattern that you could do yourself. I should have returned it... planned to but got busy... wouldn't use it - It's marketed as adult but even my teenage thought it was too restrictive (same boxes over and over) and didn't like it. If you are new to prayer, you may like it but even the drawings feel much younger than this appeared to be.

I'd give 3.5 stars if I could. I love the idea of an illustrated journal but there are some things I'm not crazy about when it comes to this one. It seems like there's a lot of wasted space and though most of that is for the artwork it would be nice to have more writing space or even one more reflection question per page. The artwork for the questions is the same on every page and the Prayer notes

has different art on each page. I was thinking with a book like this all the art would be different but I'm not too hung up on that. One thing that bothers me, and it may be because I'm slightly OCD, is that the journal starts off with the prayer page for each day. That didn't make much sense to me since I prefer to write down my prayers after my Bible study, after my spirit and mind have been renewed. I usually pray ahead of time as well but would prefer to be forming a prayer specific to what I just studied. Because of this I had to skip a page so I could journal the way that I preferred. Again, not a huge deal but definitely one of the reasons this isn't something I can say that I love. I'd definitely be interested in any new products the author creates though!

I love the variety of places to write and color and the scripture included in this journal. I do wish that all the scripture wasn't in KJV and I do wish for a little more variety in the pictures. The birds on the back page just repeat. But it is different than anything I have found and helps me with my quiet time with God, I really like it.

I'm personally enjoying the lighthearted variety to my devotional time with Jesus. Adding variety can keep us fresh and make it a time of pleasure at His right hand. This book has a love theme, so each day has some verses on how Christians are to love others genuinely. I saw another one like it with a Virtue Theme. I would like to get that one too. I can still do my regular reading and fill in my own prayers, what I learned, what I read, things to be thankful for and 3 things I learned about God. When I color the different drawings in each page I can silently pray about secret matters as I color. I can use different colors for different people and issues of prayer. It keeps my mind engaged on what I am praying about so my mind doesn't wander away! It also keeps private prayers private so no one can read them. Praying while coloring has opened up a whole new depth of prayer for me. I hope this helps a bit.

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